

## ABSTRACT

### **Madura FC. Football athlete mood e level**

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Based on the formulation of the problem above, several objectives can be formulated in this study. Namely: 1. To determine the level of fatigue of Madura FC club athletes. 2. To find out the level of anger of the Madura FC club athletes. 3. To find out the level of feeling ready, energetic, and full of energy for Madura FC club athletes. 4. To determine the level of tension of Madura FC club athletes. 5. To determine the level of self-assessment of Madura FC club athletes.

Research on psychology (mood) in soccer athletes at the Madura FC club uses an approach, where this approach tends to lead to descriptive research methods (in the form of written words). Define the qualitative method as a research procedure that produces descriptive data in written or spoken words from people and observable behavior. And the theoretical basis uses a phenomenological approach where researchers try to understand the meaning of relationships and relationships with people who experience them. A qualitative research researcher is usually oriented to existing theories.

The conclusions of this study are 1. The state of fatigue of Madura FC soccer athletes is in the category of "low" classification with a percentage of 36.34%. 2. The state of the angry atmosphere of Madura FC soccer athletes in the category of "medium" classification with a percentage of 40.91%. 3. The state of feeling ready for Madura FC football athletes in the category of "high" classification with a percentage of 42.86%. 4. The state of tension of Madura FC soccer athletes in the category of "Medium" classification with a percentage of 37.71%. 5. The state of tension of the Madura FC soccer athletes in the category of "Highly" classification with a percentage of 46.06%. 6. The state of confusion for the Madura FC soccer athletes in the "Low" classification category with a percentage of 36.69%. 7. The depression state of Madura FC soccer athletes is in the "Low" classification category with a percentage of 36.57%. 8. From the results of the indications included in the 7 points above, it can be seen that the overall average of Madura FC soccer athletes is "Very Low" with an average result of 127 and a percentage of 51.74%.