

ABSTRACT

PSYCHOLOGICAL ANALYSIS OF SSB FOOTBALL ATHLETES SAPEKEN'S YOUTH SPIRIT

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Keywords: Football, Evaluation, Psychology.

In this research, the evaluation of psychological aspects was used in this study to describe the state of several psychological aspects which are considered as determining factors for achievement in sports. This instrument is filled out by the athlete himself using the Google Form link provided based on their consideration of the situation he is feeling in several aspects. The aims of this research are: To find out the mental condition of SSB Gelora Putra Sapeken athletes.

Based on the presentation of data analysis in CHAPTER IV, the results of interval data on SSB Gelora Putra Sapeken football club athletes, totaling 20 athletes, have varying levels of psychological aspects, namely 1 SSB Gelora Putra Sapeken soccer athlete with psychological aspects in the "Low" category, as many as 8 SSB Gelora Putra Sapeken soccer athletes in psychological aspects are in the "Medium" category, 9 SSB Gelora Putra Sapeken soccer athletes in psychological aspects are in the "High" category, as many as 2 SSB Gelora Putra Sapeken soccer athletes in psychological aspects are in the "Very High" category. It can be concluded that based on the results of the state data on the psychological aspects of the SSB Gelora Putra Sapeken football club athletes, the dominant average is in the "High" category.