ABSTRACT

THE APPLICATION EFFECT OF PLAYING METHOD TOWARD SMASH SKILL UPON PJOK LEARNING VOLLEYBALL MATTER MTs NURUL HIDAYAH BLUTO SUMENEP ACADEMIC YEAR 2022-2023. RAMADHAN

Key words: Method of playing, smash, learning penjas, volleyball.

There are a few errors that are used in volleyball games at MTs nurul hidayah. The first mistake is the timing of the smash at the jump. The timing of the smash does not match the drop of the ball when it passes or the opposite. The purpose of this study is to measure the impact and magnitude of the playing method implementation towards smash skill.

This study was conducted at PJOK learning and volleyball material at MTs nul hidayah bluto. The data collection techniques used in this study are testing and measurements. The sample size of this study was 21 students in pjok learning volleyball material at mtu nur hidayah bbluto. A smash test was used for 4 attempts. The results show the following: (1) The playing method application has an effect on the smash skills of PJOK learning volleyball material and MTs Nurul hidayah Bluto. The calculated value of 3,689 basic smash techniques + 3,725 smash accuracies > T-table value = (-2,080). Therefore, Ha = accepted and H0 = rejected. The magnitude effect is as follows: (2) The effect on the basic smash techniques is 31.59%, and the effect on the smash accuracies is 34.73%, both of which are related to the smash skills of volleyball material. The pretest- posttest mean is 5.19 for basic smash techniques + 1.24 for smash accuracies, while the mean pretest mean is 16.43 for basic smash techniques & 3.57 for smash accuracy.