

## ABSTRACT

### **The Effectiveness of Sociodrama Techniques Through Group Counseling to Improve Student Discipline in MA Misbahul Munir Pragaan Sumenep. Badruttamam**

***Keywords: Sociodrama Technique, Group Counseling, Discipline***

The background of this research is based on the low discipline of students at MA Misbahul Munir Pragaan. The purpose is to determine the effectiveness of sociodrama techniques through group counseling and determine the differences before and after treatment. Research with quantitative methods, type of quasi experimental design, form of non-equivalent control group design. Population 20 students, sample with purposive sampling technique obtained as many as 12 students, then divided into experimental and control groups. Data collection techniques with student discipline scale. Validity test with SPSS, reliability test with Cronbach's Alpha formula. Data analysis with simple linear regression test and T test.

The results showed that there was an increase in the pre-test and post-test scores of the experimental and control groups, where the experimental pre-test (58.00) post-test (93.67), and the control group pre-test (63.33) and post-test (65.67). Sig value on simple linear regression is  $0.00 < 0.05$ , meaning that sociodrama technique is effective on student discipline. Sig.(2-tailed) value on T test is  $0.000 < 0.05$ , meaning  $H_a$  is accepted and  $H_o$  is rejected. The conclusion is that the sociodrama technique is effective for improving student discipline, this is obtained from the results of the simple linear regression test, and there are differences before and after treatment, this is obtained from the results of the T test.