

## ABSTRACT

### **The Effectiveness of Modeling Techniques Through Group Counseling to Improve Interpersonal Communication in Students at MTs Al-Amien Jambu Lenteng. Nur Arini Aris**

***Keywords: Modeling Technique, Group Counseling, Interpersonal Communication***

This study is based on the low interpersonal communication of students at MTs Al-Amien Jambu. The purpose is to determine the effectiveness of modeling techniques with group counseling and whether there are differences before and after treatment on students' interpersonal communication. A quantitative study in non-equivalent control group design. There were thirty students in total. Ten students were selected for the sample using targeted sampling method. Then they were divided into two groups: experimental and control. The interpersonal communication scale was used to collect data. Cronbach's Alpha formula was used to verify reliability, and SPSS was used to assess reliability. Data were analyzed using T-test and simple linear regression.

The results of the study showed that 1) the significance value of the simple linear regression test  $\text{Sig}.0.000 < 0.05$ , which means that the modeling method combined with group consultation is effective in improving students' interpersonal communication. 2: In the experimental group, the average scores before and after treatment were different. In the experimental group, the scores before testing (61.8) and after testing (91.4) were higher than in the control group before testing (63.8) and after testing (66). The Sig value of  $0.000 < 0.05$ , the T-test table shows that  $H_a$  is accepted and  $H_o$  is rejected. It can be concluded that the modeling technique is effective in improving students' interpersonal communication at MTs Al-Amien Jambu Lenteng. This is seen from the results of the simple linear regression test and the T test.