

ABSTRACT

IRHAMNA: Relationship between Emotion Management Capability with Aggressive Behavior Students Roudhatut Thalibin MA, Thesis, BK, STKIP PGRI Sumenep 2014/2015

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Emotions are very important and are another factor to success after the intellectual. Many people who have a great intellectual, but emotional intelligence is weak. This exceptional ease stress and emotional consequences. Controlling emotions is not good can lead to mental illness. There is a clever man, but many students hurt that person is also a sign that students still have low emotional intelligence. Emotional intelligence is also highly related to how to feel what others feel, how to respect others.

The aim of this research was to determine the relationship between Emotion Management Capability with Aggressive Behavior Students MA Roudhatut Thalibin with a population of 87 students and sample taking all of the population. This research is quantitative. Which data is obtained using a Likert scale that can be used to measure the relationship Emotions Management Capability (independent variable) on Aggressive Behavior Students (dependent variable). Data collected by using a questionnaire developed by the researchers. Data analysis technique used is the product moment correlation using SPSS 16.00 for Windows.

Based on the analysis using product moment correlation was obtained $r_{hitung} = 0.755$ and $r_{tabel} = 0.213$ (the Emotion Management Capability) and $t_{hitung} = 0.755$ and $r_{tabel} = 0.213$ (on Aggressive Behavior of Students). Terms accepted hypothesis states that there is significant influence $r_{hitung} \geq r_{tabel}$. Because $r_{hitung} \geq r_{tabel}$, with a significance level of 5% in $N = 87$, so the hypothesis was proved / acceptable or significant influence over the management of emotions means if either or higher then the aggressive behavior of students is going down. Conversely, if the management of bad emotions / low, the aggressive behavior of students will rise because students in MA Roudhatut Tolibhin often can not control his emotions causing behaviors that are less pleasant and are related to the behavior of students who like to kick, fight, berate while he was in the neighborhood school. It is closely related to the results of studies showing an association between emotion management capabilities with the aggressive behavior of students.