

## ***ABSTRACT***

This study aims to explore the influence of social media in addressing learning *burnout* among 4th-grade elementary school students at SDN Pangarangan 1, Sumenep. This quantitative study utilizes numerical data collected through questionnaires completed by 28 4th-grade students. The data is analyzed using SPSS software to identify the relationship between social media usage and students' burnout levels. The research seeks to address questions regarding the impact of social media on learning *burnout*, whether social media use can be a factor in addressing *burnout*, effective patterns of social media usage in alleviating burnout, and providing recommendations for teachers and parents on positive social media use in an educational context. The findings of this study contribute to a deeper understanding of the complex relationship between social media and learning *burnout*, providing valuable insights for educators and parents in supporting student well-being and academic success.

***Keywords:*** *Social Media, Learning Burnout, Elementary School Students, SDN Pangarangan 1, Sumenep*