ABSTRACT

Analysis of the Basic Technical Skills of Lower Passing and Upper Passing in Volleyball at Men's. Abd wahid

Keywords: Lower Passing and Upper Passing Pbv Arjuna Volleybal This research took place at PBV Arjuna which intend to find out abilities of lower passing and upper passing when playing volleyball at PBV Arjuna. The basic volleyball technique referred to is passing and passing itself has 2 parts, namely (1) lower passing (2) upper passing.

This research uses a quantitative descriptive approach. This approach presents all findings in the field in the form of data in the form of numbers. The data collection method in this research uses experiments. This experimental method will produce data which will later be processed into values to determine the basic technical abilities of lower passing and upper passing in volleyball in Putra PBV Arjuna.

Conclusion the results of research on the lower passing ability of PBV Arjuna volleyball athletes were 0 athletes (0%) poor, 3 athletes (30%) in the very poor category, 7 athletes (70%) in the very good category. To research the passing ability of PBV Arjuna volleyball athletes, there were 0 athletes (0%) in the poor category, 3 athletes (30%) in the very poor category, 1 athlete (10%) in the good category, 6 athletes (60%) in the good category very.

The conclusion is that the basic passing technical abilities of 7 athletes (70%) are in the very good category. For the level of basic technical passing skills, 6 athletes (60%) were in the good category.