

## ABSTRACT

*UPDATES THE QUALITY OF LEARNING THE BASIC TECHNICS OF SHORT DISTANCE WITH THE COOPERATIVE LEARNING MODEL TIPE TGT (TEAMS GAMES TOURNAMENT) STUDY SDN BANASARE I RUBARU YEARS 2023-2024. 2024. FIRMANSYAH, NAZAR*

**Keywords:** *basic techniques, short distance running, athletics, learning models*

*Results of field studies of basic technical skills short distance running students of class IV SDN Banasare I still a lot there are wrong or inappropriate movements. As well as teachers' learning, they are still transitioning from the K13 curriculum to the independent one. This research aims to improve the quality of learning basic short-distance techniques through the learning model of TGT in students of class IV in SDN Banasare I school year 2023-2024.*

*The research method used is class action research (PTK) in which the teacher and the student are directly involved in the process of solving problems in research. Because this research improves learning outcomes. The subjects in this study are the entire students of Class IV SDN Banasare I as many as 24 students. With the instruments used is the short-distance running skills assessment section.*

*The results of the study of basic short-distance running skills in cycle I were obtained by students who were strict or proficient in short distance running techniques consisting of 15 students or 62,5% with an average of 3.5 students or 20, 83 with a average of 2, whereas 4 students or 16, 67% with a mean of 1 or less accurate category. Based on the results of the study on cycle II has achieved an indicator of success of 83.33% of the learning results in the category of performed movement is well with an average of 3 on each indicator, so this study does not need to continue to the next cycle. Improved learning outcomes of students in short distance running basic techniques through cooperative learning model type TGT (Teams Games Tournament) Students of class IV SDN Banasare I Rubaru Lesson Year 2023-2024 after 2 cycles of 20.83%. So can be concluded there is an improvement in students' learning outcome in basic technique short distance jog through Cooperative Learning Model Type TGT(Teams games Tournament) Studants of class 4 SDN banasare I Rubaru lesson year 2023/2024.*