ABSTRACT

Nurcholis Majid Syarib. 20852011A002312. 2024. The Effect of Robotic table tennis Training on the Results of Table Tennis Game Chop Skills in Pamekasan Regency Puslatkab Athletes in 2024 Supervisors: (1) Mohammad Hasan Basri, M.Pd, (2) Nugroho Agung supriyanto, M,Or Thesis. SI, Physical Education Health and Recreation. STKIP PGRI SUMENEP.

Table tennis is one of the sports that has been widely favored and known to Indonesian citizens ranging from children, to people aged. Table tennis is one of the sports achievements at the national or international level. Every year table tennis championships are held from newcomer to universal matches. In order to achieve achievements in the field of sports specializing in table tennis, of course, you must carry out programmed training through training camps. Training camp is one of the methods to form a good team, where players from various clubs are called and join the training camp held by the district or province. One that has a table tennis training camp is Puslatkab Kab. Pamekasan, which has been an active activity to prepare for porprov.

One of the efficient procedures in improving athletes' expertise in carrying out forehand chop and backhand chop skills is by using robotic table tennis procedures. This statement is supported by the results of this research using quantitative procedures with analysis methods in the form of testing descriptive statistics, normality tests paired T tests, and presentations. It is tested that using robotic table tennis training can improve forehand chop and backhand chop skills in puslatkab kab. pamekasan athletes. The results of the analysis of sample research information consisting of 10 puslatkab kab. pamekasan athletes there is an increase that significantly affects the procedure for training robotic table tennis on chop forehand and chop backhand skills.

The results of the T test analysis of table tennis chop forehand and backhand research data at the puslatkab kab. pamekasan that robotic table tennis training has a significant effect on forehand chop skills 4,000 with an increase of 16.8% and chop backhand 4,200 with an increase of 17.7%.