

**PENERAPAN LAYANAN KONSELING KELOMPOK TERAPI
REALITAS UNTUK MENINGKATKAN KEBIASAAN
MEMBACA SECARA EFEKTIF SISWA MTs. RAUDLATUL
ULUM PALONGAN BLUTO**

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Abstract

Group counseling service is one of the guidance and counseling services in schools. Group counseling services allow students together to alleviate problems through group dynamics in group counseling using Reality therapy. Reality Therapy discusses five basic human needs, that humans have basic psychological needs in the form of: (a) survival; (b) love and affection; (c) strength / achievement; (d) freedom / independence; and (e) pleasure. Reading is a psychiatric process that is very complicated that takes place on the reader. Basically, the reader reconstructs the mandate or content that is written and implied in the reading he is facing. This study aims to determine the application of Reality therapy group counseling services in effectively improving the reading habits of students of MTs Raudlatul Ulum Palongan Bluto. Sampling was done purposively. Data collection is done by observation, questionnaires, interviews, which include indicators of success. Data analysis was performed using the Classroom Action Research (CAR) method using 2 cycles (rounds).

The results showed a significant value, in the first cycle and the second cycle, the first cycle the total value obtained after making assessments and observations of 820 of student work activities while, in the second cycle of 853 the same thing was done in the first cycle.

Keywords: Group Counseling, Reality Therapy, and Reading Habits.