

ABSTRACT

Application of Modified Volleyball Game to Improve Learning Outcomes of Upper Passing and Lower Passing Students of Class IX SMPN 4 Sumenep Academic Year 2022/2023: 2022. Arif Miftahur Rahman

Keywords: Game Modification, Learning Outcomes, Upper Passing and Lower Passing

The low interest of students in practicing basic volleyball techniques makes most students get low learning outcomes. This is because students' interest in volleyball is also low, due to several factors, one of which is an example of doing very monotonous passing. This study aims to determine the improvement of upper and lower passing learning outcomes by applying a modified volleyball game for class IX students of SMPN 4 Sumenep.

This research uses classroom action research (CAR). This research was carried out in several stages, namely planning, implementation, observation, and reflection. This research consists of 3 cycles, namely pre-cycle, cycle I and cycle II. The subjects in this study consisted of 21 students who were grade IX students of SMPN 4 Sumenep.

The results showed that there was an increase in learning outcomes of upper and lower passing with the application of modified volleyball games. This is evidenced by the results of the study, namely in the implementation of the pre-cycle, the average score of students as a whole was 68 with a percentage of 38% completeness. With details 8 students completed and 13 students did not complete. In the first cycle, the average score of students reached 72 with a percentage of 52% learning completeness, with details of 11 students completing and 10 students not completing. Cycle II obtained highly improved results, namely the overall average score of students was 75 with a percentage of 80% learning completeness with details of 17 students completed and 4 students incomplete.

From the results of research during pre-cycle, cycle I, and cycle II, it shows that the application of game modification can improve the learning outcomes of upper and lower passing in volleyball games.