

**THE EFFECT OF MODIFICATION OF WARMING UP
THROUGH GAMES ON STUDENTS' LEARNING MOTIVATION
IN LEARNING BALL VOLLEY CLASS XI MIPA SMA NEGERI 2
SUMENEP IN 2018.**

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Abstract

This research was conducted with the aim, to find out how much influence the application of researchers carried out at SMA Negeri 2 Sumenep.

The form of research design that will be used by researchers is one group pretest-posttest design cluster random sampling technique. The data collection techniques used were Pretest, Treatment, and Posttest. The data analysis technique used is the mean (mean), variance, standard deviation, normality test, homogeneity test, and t-test.

Based on the results of data analysis, the effect of Warming Up Modification through Games is 20.7%.

In accordance with the results of the study, the modification of warming up with games can be applied in physical education learning at SMA Negeri 2 Sumenep, and must be adjusted to the abilities and conditions of students so that students can follow the learning process freely, happily.

Keywords: The Effect of Warming Up Modifications Through Games on Students' Learning Motivation in Volleyball Learning.

