

## Abstract

### **THE PSYCHOLOGICAL ROLE IN COMPETITION FOOTBALL EXTRACURRICULAR PARTICIPANTS SMP NEGERI 1 RUBARU : 2021. Yakin Ainul Latif Ach**

Keyword : Psicological, football extracurricular

The game of football requires a player to have the ability physically, technically and mentally. These three factors must be correlated to create maximum performance. The mental factor is no less important for football players, because the psychology of the player will affect the other two factors. The readiness of a player and a football team will be seen from their psychological factors. Likewise what happened to the extracurricular participants of SMP Negeri 1 Rubaru when facing a match. The soccer team's achievements have been difficult to obtain so far, so the researchers intend to find out how big the psychological role of the football extracurricular members of SMP Negeri 1 Rubaru when competing.

This study aims to determine the role of psychology when competing in football extracurricular competitions at SMP Negeri 1 Rubaru. The method used is descriptive using a Likert scale questionnaire instrument. The number of statements in the research questionnaire was 40 questions. The research sample consisted of 23 people, all of which were active football extracurricular members at SMP Negeri 1 Rubaru.

The results showed that the psychological role of the motivation factor obtained the highest results in the high category with a percentage of 43.48%. Next, the confidence factor shows the highest result is the Very low category with a percentage of 47.83, while the concentration factor obtained the highest result is the very high category with a percentage of 47.83%. Finally, the psychological role of emotional factors obtained the highest result is the low category with a percentage of 43.48%.