

ABSTRACT

STUDENTS NUTRITIONAL STATUS SURVEY BASED ON HIGH AND BODY WEIGHT IN SLOPENG II STATE ELEMENTARY SCHOOL SUMENEP DISTRICT, YEAR 2019 - 2020

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Students at Slopeng II Elementary School mostly tend to be indifferent to the problem of balanced nutritional intake, good eating patterns, healthy snacks consumed and less attention to weight and height for students. Therefore the research objective is to determine the nutritional status of students in Slopeng II Elementary School based on their weight and height.

The type used in this research is a descriptive type with a quantitative approach, namely research directed to provide systematic or accurate symptoms or events, regarding the characteristics of a population or a particular area. In this study using cluster random sampling technique is a technique of taking in groups and then drawn randomly with Class V.

From the results of the study the nutritional status of students at SDN Slopeng II, Dasuk District, Sumenep Regency are in the normal category with a percentage of 82%, 9% Thin and 9% Fat. In male and female students the dominant nutritional status category is normal with the percentage of students 60% male and female 82%,