ABSTRACT

THE RELATIONSHIP BETWEEN ADJUSTMENT IN ACADEMIC FIELD WITH STUDENT'S LEARNING ACHIEVEMENT AT SMAN I SAPEKEN KAB. SUMENEP IN 2022

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This study aims to: (1) describe the level of adjustment in learning in students who excel at SMAN I Sapeken Kab. Sumenep Academic Year 2021/2022. (2) identify the items of self-adjustment measurement in the learning of high achieving students with low scores as proposed guidance materials for students of SMAN I Sapeken Kab. Sumenep Academic Year 2021/2022.

This type of research is descriptive quantitative research. The research subjects were students of class XI SMAN I Sapeken Kab. Sumenep who achieved a number of 40 people. The instrument used is a self-adjustment questionnaire in learning with 20 items. Instrument reliability was measured using Cronbach's Alpha with an index of 0.881. The data analysis technique used is the categorization norm according to Azwar which consists of 5 categories namely very high, high, medium, low, and very low.

The results showed that: (1) Self-adjustment in learning, most of the 10 (50%) students studied reached the very good category, 5 (42.5%) in the good category, 3 (7.5%) in the quite good category. (2) Based on the results of the calculation of the achievement score of the self-adjustment measurement items in the learning of students who excel, there are 2 items whose achievement scores

are in the low category, this is used as the basis for designing guidance topics to improve self-adjustment in the learning of students who excel.

Keywords: Adaptation in learning, student achievement

