

ABSTRACT

Nurisol Miftah. 19852011A002041. 2023. The Efforts to Improve Lower Passing Learning Outcomes in Volleyball Games Using Plastic Balls with Playing Models for Sixth Grade Students of Madrasah Ibtidaiyah Tarbiyatul Athfal Karangcempaka Bluto Sumenep. Supervisors: (1) Taufik Rahman, M.Pd., (2) Dr. Achmad Suparto, M.Pd. Thesis. Strata I, Health and Recreation Physical Education of STKIP PGRI SUMENEP.

This research is about the efforts to improve the learning outcomes of volleyball underhand passing in sixth grade of students at MI Tarbiyatul Athfal located in Karangcempaka Bluto Sumenep. The aim of this research is to make students are able to play volleyball properly and correctly, so that in this study the game uses plastic balls as a medium in the playing model in PJOK learning. This study used the Classroom Action Research method to collect data on improving learning outcomes of underhand passing using plastic balls.

The results in this study indicate that the learning of underhand passing through a playing model using plastic balls in sixth grade students of MI Tarbiyatul Athfal. It can be said to be successful, because the results of underpassing have increased. This is evidenced by the KKM score in cycle 1 with the final grade total being 879 to 991 in cycle 2. This increase came from cycle 1 which consisted of 3 students out of a total of 29 students. The total number of students who have been said to be able to in cycle 1 is 17 students out of 29 students. While 12 students still could not be said to be successful. So, continuous action was carried out in cycle 2 with an increase of 4 students and 8 students did not meet the KKM criteria. Thus, the total number of students who were able to achieve the KKM criteria was 21 students, with a total grade final score of 66% of the total students who had completed their studies.