

## **ABSTRACT**

### ***The influence of individual counseling services on student self-efficacy at SMA Negeri 4 Pamekasan***

***Keywords: individual counseling services, self efficacy***

*This research aims to determine the effect of individual counseling services on student self-efficacy at SMA Negeri 4 Pamekasan. This research uses descriptive quantitative methods, correlational research. The data collection techniques used are observation, questionnaires and documentation. The data analysis technique in this research uses a simple linear regression T-test.*

*The research results showed that there were 50 students used as research samples. These students have individual counseling service scale scores and self-efficacy in the very high category of 93-115 and high 70-92. Based on the analysis techniques carried out, the alpha data obtained for the individual counseling service scale was 0.905 and for the self-efficacy scale it was 0.933. Hypothesis testing was carried out using simple linear regression analysis at a significance level of 5%, a significant value of 0.000 was obtained, indicating that Individual Counseling Services had an effect on student self-efficacy. Because the significance value obtained is below 0.05 ( $0.000 < 0.05$ ), the null hypothesis ( $H_0$ ) is rejected and the alternative hypothesis ( $H_a$ ) is accepted, which indicates that Individual Counseling Services are stated to have an influence on student self-efficacy.*