

ABSTRACT

Efforts to Apply Playing Methods to Lower Passing Skills in Volley ball Material Pjok Learning in Grade VI Students of Sdn Tanamera II Saronggi Sumenep for the 2023/2024 Academic Year. Widi Andika Pratama

Keywords: application, down passing skills, volley ball

Physical education is a field of study that cannot be separated from other fields of study in the overall educational process. This can be proven by the existence of physical education subjects from elementary level to advanced level schools and also accompanied by the improvement of the physical education curriculum getting better. For this reason, the use of learning variations in a teaching and learning process is very necessary because variations

The basic technique of passing down in a volley ball game is the most important role in a volley ball game. With the play form method it is still unknown whether it can improve the ability of basic techniques in the game of volleyball. Research needs to be done to find out the results of the PE learning process with an increase in the ability of basic lower passing techniques in the game of volley ball.

One method that is effective in improving Students' Lower Passing Skills (PTK). This researcher aims to be applied or implemented in subsequent learning activities or actions until the achievement of a learning goal. The purpose of this study was to determine the improvement of the ability to pass down through learning with the play method applied to class VI SD Negeri Tanamera II. This research indicates an improvement in the learning process and learning outcomes. The results of this study indicate the percentage of success rate in cycle I was 53% while cycle II reached 77%.

The results of the above research can be concluded that learning the lower passing of volley ball with the playing method has succeeded in helping to improve the lower passing skills of students. Therefore, the research runs effectively and efficiently in accordance with the desired learning process and shows an increase in learning and better learning outcomes.