

ABSTRACTION
INFLUENCE OF STUDY OF ATHLETIC WITH APPROACH PLAY AT LOMPATKARDUS AND JUMP
STRING RUBBER TO RESULT OF STUDY OF LONG JUMP [AT] STUDENT CLASS of VII A MTsN
TERATE PANDIAN SUMENEP SCHOOL YEAR 2014 / 2015:2015. FAUGIK FIRMAN DIANSAH

Keyword : Study Of Athletic, Approach Play at

Athletic Branch [of] athletic have some number among others number run, number jump, number walke and number throw. Number achievement jump specially long jump [in] elementary school storey;level not yet maximal because educative participant [do] not so take a fancy to athletic athletics. Therefore writer take existing problems [of] its bearing with study of athletic

Target of this research is to know influence result of study with approach play at to jump hardboard and jump rubber string [at] result of long jump and know from both study with approach play at the [which/such] having result of which result of better [at] result of student long jump. used Research method that is experiment method of pre-test group pos-test and. Population in this research [is] class student of VII MTsN Terate Pandian Sumenep amounting to 163 student. Intake of sample use total technique [of] sampling. this Research variable consist of free variable that is study with approach play at to jump hardboard (X1), and jump rubber string (X2), and also variable tied that is result of long jump (Y). Instrument research of long jump tes. Data analysis use t-test.

Result of research indicate that t [count/calculate] X1 1,906< t offis tables of 2,609, X2 6,742>2,609 [at] level of signifikansi 5% meaning there [is] difference of result which [is] signifikan of study form with approach play at to jump hardboard (X1) and jump rubber string (X2) [at] result of class student long jump of VII A MTsN Terate Pandian Sumenep tahun pelajaran 2014 / 2015. From result of test of t [count/calculate], calculation of mean and improvement of achievement, experiment group jump rubber string (X2) bigger than group jump hardboard (X1). Thereby, study with approach play at to jump rubber string have better influence [at] result of student long jump

From result of research, suggested by [at] teacher of Penjasorkes in SMP / MTS in improving result of student long jump can use study with approach play at to jump hardboard and jump rubber string, and to obtain;get result of more having an effect on jumping movement can use study with approach play at to jump rubber string