

ABSTRACT

DIFFERENCES IN LEARNING OUTCOMES long jump SQUAT STYLE MEDIA USING THE BOX AND TIRE USED IN CLASS XI SMAN 1 GAPURA YEAR STUDY 2014/2015, Thesis. Sumenep: S1 Studies Program of Health Physical Education and Recreation. STKIP PGRI Sumenep, october. 2015. Prasetya Fery

Keywords: Long Jump, Media cardboard and scrap tires

The purpose of this study was to determine: want to make a media to improve learning outcomes jauh.gaya jump squat Media used by researchers is used tires and used cardboard so that the media can later be applied to the teaching and learning process in schools. the Difference Learning Outcomes Long Jump squat style with Media Using cardboard and Used Tires In Class XI student of SMAN 1 Gapura the academic year 2014/2015

The method used is the method of experimental research, using a comparative approach model. then researchers conducted a pretest population in this study a class XI student IPA2 totaling 34. The research instrument Capabilities long jump by experts like Peterson and his colleagues, explaining that consists of a system that uses test long jump with media cardboard and scrap tires.

Based on this research can be concluded as follows: Test average difference lompt capabilities far pre-test obtained t value of 0.076. While t table at a significance level of 0.05 with 17 hp is 2.12. The testing criteria is H_0 refused and H_a accepted if $t > t$ table. Because $0.076 < 2.12$, then H_0 is accepted and H_a rejected. The results can be seen in table 4.6 below. There were no differences in the ability of the long jump significantly between exercises using cardboard media using used tires media in class XI student of SMAN 1 Gapura .pembelajaran that uses cardboard media using used tires media give equal effect on the ability of the long jump in class XI student of SMAN 1 Gapura. learning using cardboard media using used tires media have a considerable influence on the ability to long jump using the medium tire marks on class XI student of SMAN 1 Gapura.