## INFLUENCE OF DIRECT LEARNING MODELS

## SING PRACTICE METHOD FOR THE IMPROVEMENT OF LEARNING OUTCOMES OF BOLAVOLIPE SERVICES IN CLASS IX STUDENTS OF SMA NEGERI 1 BLUTOTAHUN ACADEMIC YEAR 2018-2019

## **Abstract**

Volleyball game is a complex game that is not easily done by everyone. Knowledge of basic techniques and advanced techniques is required to be able to play volleyball effectively. Most of the IX grade students of SMP Negeri 1 Bluto get less than optimal results in the process of learning activities, one of which is in the delivery of volleyball material, especially lower service. Students when serving under the ball do not cross the net or not on target and nearly half of class IX SMP Negeri 1 Bluto are less able to play volleyball especially under serve. Therefore the researchers applied the direct learning model with practical methods in volleyball learning. The purpose of this study is to find out whether the practice method has an effect on improving student learning outcomes in the lower service in volleyball learning in SMP Negeri 1 Bluto in the academic year 2018-2019 and to find out how much the direct learning model using practice methods can improve student learning outcomes in service below in volleyball learning class IX SMP Negeri 1 Bluto Academic year 2018-2019. This study uses an experimental research type with a quantitative descriptive statistical approach and comparative quantitative statistics on learning outcomes of basic techniques under the game volleyball game, where there is treatment of the subjects. The design of this study used a one group pretest-posttest design. Sampling in this study was conducted by the method of "Cluster Random Sampling". The effect of the direct learning model using the practice method on improving the learning outcomes under the volleyball game in playing volleyball on the pre-test results with the post-test under the volleyball servise obtained tount of 3.35 and the ttable value of 1.68 then it can be said that (3, 35> 1.68) t value is greater than t table. In other words that there is a significant difference between the results of the servise test under volleyball before and after the application of teaching strategies based on students' experience in improving the learning outcomes under volleyball in Bluto I Grade IX Middle School students. The effect of direct learning models using practical methods on improving outcomes learning servise

**Kywords:** direct learning model, practice methods, learning outcomes