## IDENTIFICATION OF INJURY TYPE IN CLIFF ACTIVITIES IN MAYAPADA STKIP PGRI SUMENEP. Oleh:

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## **ABSTRACT**

Rock climbing is a high-risk sport, and many injuries occur during training, simulations and field activities. This study aims to identify the types of injuries in rock climbing activities in UKM MAYAPADA STKIP PGRI Sumenep, which are divided into three factors, namely minor, moderate and severe injuries.

This research is a descriptive research. The method used is a survey method with data collection techniques using questionnaires. The population in this study were all members of UKM MAYAPADA STKIP PGRI Sumenep, amounting to 36 people. Purposive sampling sampling technique, with the following criteria: (a) Have attended the Basic Education Division at UKM UKM STKIP PGRI Sumenep, (b) Have done climbing training on wall climbing and on cliffs (c) Still actively becoming a member of nature lovers UKM that meets as many criteria 25 people. Data analysis uses descriptive percentage techniques.

The results showed that; Identification of the type of injury in rock climbing activities in UKM MAYAPADA STKIP PGRI Sumenep, based on the factor of minor injuries with a percentage of 78.77% included in the frequent category, moderate injury factor with a percentage of 60.18% included in the category sometimes, and minor injury factors with a percentage of 48.42% included in the category of ever ".

Keywords: Type of injury, rock climbing, SME MAYAPADA STKIP PGRI Sumenep.