

ABSTRACT

APPLICATION OF LEARNING TWO POINT JUMP SHOOT LEARNING VARIATIONS TO IMPROVE SHOOTING LEARNING OUTCOMES IN LEARNING BASKETBALL BALLS FOR CLASS VIII STUDENTS SMPK SANTO YUSUF SUMENEP. Kurniawaty,Reni

Keywords: Basketball, two point jump shoot, learning outcomes

This study aims to improve student learning outcomes two point jump shoot SMPK Santo Yusuf Sumenep through the application of learning variations. The researchers this time used the CAR method (Classroom Action Research) which was conducted using 2 cycles, each of which carried out 2 meetings with a sample of 10 students. The results showed mastery of shooting techniques in basketball in the first cycle there were 2 students who could shoot two point jump shoots while 8 other students were not able to do well and correctly.

students who were not yet able to do the two point jump shoot shooting movement, when the researchers gave material and further learning in the second cycle of students SMPK Santo Yusuf Sumenep can already understand and do the two point jump shoot shooting technique properly and correctly.

From 10 students there is only 1 student who has not been able to do the two point jump shoot shooting technique, while 9 other students are able to do well and correctly. Using variation learning techniques can improve shooting learning outcomes for students SMPK Santo Yusuf Sumenep.

