

ABSTRACT

The Effect Of Paired Under Passing Variation On Learning Under Passing Skills In Sports Lessons For Grade VIII In SMP Negeri 1 Manding At Academic Year 2018/2019. Achmad Syarifudin

Keywords: Variation, Skills, Under Passing, Learning Outcomes

Student in grade 8th junior high school of SMP 1 Manding has been done lesson about “Under Passing” volley ball method as a lesson and the resul is not as good as standard and the results actually still in Minimal Competeness Criteria in SMP 1 Manding. The purpose of this research is just to know how big the impact of under passing volley ballmethod works, espeaally in sports lesson that happened in this school.

This method of this research use experimental research method Pre-Experimental Design with design form from One-Group Pretes-Postest Design population in this research are student of grade 8th A is consist of 3 class. This sampling technquie was take by probality sampling with kind of cluster random sampling. So that it obtainable by grade 8th A. Instrumen in this research used by under passing skills test. Data analysis in this research used hypothesis test with test-t analysis.

Research result show that kind of under passing variation lsson can optimalyzed the student result. It was proven by average score for grade 8th A which is get score about 7,90221 with persentage 46%.