ABSTRACT

The Effect Of Practice Kick To Various Targets Using Colored Cardboard Media On The Results Of The Accuracy Of Shooting Using The Inside Legs Of The Futsal OLET FC. Wako Wadidi

Keywords : Practice, Shooting, Colored Cardboard Media, Futsal Olet Fc.

This study aims to determine The Effect Of Practice Kick To Various Targets Using Colored Cardboard Media On The Results Of The Accuracy Of Shooting Using The Inside Legs Of The Futsal OLET FC and to find out how much of that practice is affected.

The research method used in this research is experimental research, the research design used in this research is a one-group pretest-posttest design. The research instrument used in this study was the shooting kick towards the futsal goal that had been given a number. The sample of this research is 20 players from futsal OLET FC.

The results of the study based on the value of the distribution of t count is greater than t table (26.949 > 2.086) than Ha is accepted and Ho is rejected and increase is 16.48%. The conclusion is The Effect Of Practice Kick To Various Targets Using Colored Cardboard Media On The Results Of The Accuracy Of Shooting Using The Inside Legs Of The Futsal OLET FC.