## ABSTRACT

## EVALUATION LEARNING QUALITY SHOT PUT WITH DARING AT THE XI GRADE STUDENT OF MUHAMMADIYAH SUMENEP HIGH SCHOOL 2019/2020

## Keyword : Learning Quality, Shot put

Physical seducation is the education that cannot be underestimated because it has important role for the student future. Besides that, it can be observed from the result, willingness, method, and cooperation from the students perspective. Because of the importance of physical education, a teacher has to be creative and innovative although with Daring method, until the learning materials become attractive, not boring, and the learning objectives can be achivied. This study aims to know how the quality of the realization of shot put with Daring in SMA Muhammadiyah Sumenep using modification media.

The method used in this study is descriptive quantitative. Study intrument on this research is FCE survey. Sample of this research is 22 student XI IPS 1 with cluster random sampling technich.

The result of this study showed that quality of the realization of physical education learning in SMA Muhammadiyah Sumenep belonging to **medium** category by the last result is 2,45.

Based on the whole result of this study, it can be cocluded that the quality of the realization of physical education learning in SMA Muhammadiyah Sumenep state included into **medium** category

