ABSTRACT

Efforts to Improve Learning Outcomes of Front Rolling Floor Gymnastics Using Sloping Field Aids for Class III and IV Students at SDN Manding Daya III Academic Year 2020/2021. RP Achmad Husaini

Keywords: Learning Outcomes, Forward Rolling And Sloping Field Aids.

This study aims to improve the learning outcomes of front roll floor gymnastics by using an inclined plane for students in grades III and IV at SDN Manding Daya III for the 2020/2021 academic year.

The population in this study were students of SDN Manding Daya III and the samples in this study were students in grades III and IV, totaling 10 people. The instrument used is a forward roll test. This type of research is experimental classroom action research. This study uses 2 cycles and in each cycle uses a different action.

The results of the study obtained by using an inclined plane tool increased markedly by the average score of students. The average value of students in the first cycle is 60.4 and the percentage of completeness is 40%. However, this increase still did not reach the previously set target. Then after continuing to cycle II the average value of the front roll ability of students again increased by 85.8 with a percentage of completeness of 100%. The conclusion that can be given by the researcher is that an increase in the percentage of students in the forward roll movement can facilitate the learning process so that it can help improve the quality of student movement and the KKM value has been exceeded.

